


ASHIMA CHOUDHARY



CHIEF RESIDENT

Contact

(201) 724-7779 

ashimac6@gmail.com 

Professional Summary

Diligent and proactive professional with enthusiasm to incessantly grow and learn. Adaptable, personable, detail-oriented, and hardworking individual. Aiming to leverage my abilities to successfully fill the Podiatrist role at your practice.

Experience

CHIEF RESIDENT

Jul 2022 - Present

ENGLEWOOD HEALTH (PMSR/RRA) — Englewood, New Jersey

- Provided care plan development and implementation of care plan for patients in accordance with senior attendings.
- Trained junior residents, managed residents' schedules, and ensured compliance with tasks and responsibilities.
- Organized academics.
- Learned and performed complicated reconstructive, trauma, and rearfoot/ankle surgeries with attendings.
- Assisted with recruitment and development of new residents.
- Conducted clinical research.

RESIDENT

Jul 2020 - Jun 2022

ENGLEWOOD HEALTH — Englewood, New Jersey

- Took call to respond to all emergent and non-emergent podiatric consults.
- Managed floor patients and ensured interdisciplinary communication to optimize patient care.
- Learned and performed surgical procedures including limb salvage and standard elective surgeries.
- Adhered to established patient care principles and guidelines.
- Enhanced principle podiatric skills including fracture reductions, casting/splinting, injections, suturing, etc.
- Learned preoperative, perioperative, and postoperative management.
- Documented patient health history and progress notes in EHR system.
- Educated patients on diagnosis and prognosis to support informed decision-making.

MEDICAL SCRIBE

Sep 2014 - Jun 2015

JERSEY CITY MEDICAL CENTER — Jersey City, New Jersey

- Took dictations in shorthand.
- Translated medical jargon and abbreviations into expanded forms to ensure accuracy of patient and health care facility records.
- Dictated reports in electronic form for physician's review, signature and corrections and for inclusion in patients' medical records.

LABORATORY ASSISTANT

Sep 2011 - Jun 2013

IMMUNOLOGY LAB ASSISTANT — Piscataway, New Jersey

- Analyzed test and experiment results while maintaining compliance with specifications.
- Inoculated isolation media for pathogenic microorganisms and selected colonies for studies.
- Monitored experiments and reports for unusual results and malfunctions.
- Documented and recorded testing activities on standardized forms and daily journal.
- Prepared and examined smears and stains.
- Compiled laboratory test data to perform appropriate analyses.
- Wrote two research papers at the end of the year.

Education

DOCTOR OF PODIATRIC MEDICINE (D.P.M.) IN PODIATRY

Sep 15 - Jun 20 | NEW YORK COLLEGE OF PODIATRIC MEDICINE — New York, New York

BACHELOR OF ARTS (B.A.) & BACHELOR OF SCIENCE (B.S.) IN CELL BIOLOGY & NEUROSCIENCE, PUBLIC HEALTH

Sep 10 - Jun 14 | RUTGERS UNIVERSITY — New Brunswick, New Jersey

Languages

- **English**
Bilingual
- **Hindi**
Native
- **Punjabi**
Fluent

Awards

- Dean's List
- Merit Scholarships

Skills & Certifications

- ALS/BLS
- Program Leadership
- Emergency Care in Podiatry
- Surgical Procedures and Techniques
- EMR Systems
- Complex Problem-Solving, Management of Complications
- Diagnostic Studies, Medical Imaging, Case Workup
- Communication and Interpersonal Skills
- Perioperative Management

Publications

- An In-Depth Comparison of Various Surgical Treatments for Haglund's Deformity – NYCPM Podiatric Medical Review
- Imaging Modalities for Diagnosis of Supination External Rotation Ankle Injuries: A Literature Review – NYCPM Podiatric Medical Review
- Surgical Treatment of Neglected Clubfoot in an Adult: A Case Report (Poster) – Englewood Health 7th Annual Research Day
- Long-term Results of Austin Bunionectomy with Hemi Implant Arthroplasty (Ongoing Research)